

Menu



Week 1

Monday

Cheeseburger, potato wedges, sweet corn and baked beans
Quorn Tikka Masala with whole-meal rice (V)
Chocolate Concrete cake and chocolate sauce

Tuesday

Roast Chicken, Yorkshire pudding, stuffing, mashed potato,
carrots, cabbage and gravy
Cheese and onion pasties (V)
Sugar ring doughnut

Wednesday

Pork meatballs in gravy, egg noodles, peas & sweetcorn
Vegetarian Lasagna with crusty bread (V)
Ice cream and fruit

Thursday

Spaghetti Bolognaise, garlic bread, carrots and broccoli
Tomato, garlic and basil pasta bake (V)
Apple and blackberry crumble and custard
Or chocolate buns

Friday

Fish, chips, mushy peas and coleslaw
Or kitchen made sausage rolls
Syrup sponge with cream



Week 2

Monday

**Cumberland Sausage, hash browns, baked beans and peas
Vegetable Spring Rolls with pasta bows (V)
Chocolate Brownie with raspberries**

Tuesday

**Minced Beef and dumplings, creamy mash, carrots and
cauliflower
Macaroni cheese (V)
Iced finger roll**

Wednesday

**Roast pork, Yorkshire pudding, gravy, mashed potatoes,
broccoli and cabbage
Margarita pizza (V)
Apple or plain sponge and custard**

Thursday

**Steak Pie, roast potatoes, gravy and peas
Chicken/Quorn Sweet and Sour with rice & sweetcorn (V)
Blueberry, chocolate or vanilla muffins**

Friday

**Fish fingers, chips, peas and cucumber sticks
Mini Roasted Pepper and cheese quiche (V)
Strawberry or chocolate mousse**

Week 3



Monday

Toad in the hole, mashed potato, carrots and broccoli
Vegetarian Chili with rice (V)
Iced sponge

Tuesday

Cottage Pie, peas and gravy
Toasted Cheese Muffin with baked beans (V)
Ginger Sponge with white sauce

Wednesday

**Roast Beef, Yorkshire pudding, mashed potato, broccoli and
roast parsnips**
Heinz Tomato Soup with a roll (V)
Pineapple Upside Down Cake and fresh cream

Thursday

Chicken Tikka Masala, rice and garlic naan
Margarita Pizza, whole meal pasta, carrots & green beans (V)
Golden crispie cake

Friday

**Jumbo Cod fish fingers, chips, petit pois peas and sweetcorn
or Chicken Drumsticks**
Filled jacket potato (V)
Flap jack and custard